



Frostbite Friendly League – Race 3 – 8th December 2019

1940s Camp, Ramsey

Address is 1940s Camp, Wood Lane, Ramsey, Huntingdon, Cambs PE26 2XB off the B1096.

Car Parking is all on site but please share cars as the wet conditions may restrict available parking with the race HQ in the Drill Hall next to the Finish Area.

Toilets, changing (not private) and refreshments all close to the finish area, sorry no showers.

Due to the ongoing wet conditions we have had to change the course routes for both Senior and Junior Races. Trail / off road shoes are recommended for both races but unsuitable for Spikes. Sections of the course are on Public Footpaths therefore when meeting other footpath users please be respectful and keep to your left, Footpath users have been requested to keep to their left and keep Dogs on a short lead.

Again due to the recent rainfall car parking is will be restricted to hard surface areas adjacent to the course leading to the Finish. Should you need to move your car whilst the races are in progress please get a Marshal to supervise your exit and be very vigilant and aware of any runners on the course.

We thank you for your cooperation with this important safety advice

Junior Course 1.72 Miles.



Senior Course 5.01 miles

