

**Frostbite Friendly League  
Race 5 – Bourne Town Harriers  
Sunday 3<sup>rd</sup> February 2008.**

**Please share lifts to races.**

Changing, toilets, refreshments and results at Westfield School.

Junior start 10:15

Senior start 11:00

There is no need to drive through Bourne town centre. If you are travelling from the south along the A15, take the new bypass (A151).

The start of the junior and senior races are at opposite sides of the wood again this year to encourage parking at Westfield School for the junior race, as parking at Bourne Wood is limited. Once the car park at Westfield School is full, parking is also possible along Beech Avenue

The junior start is 200m into the wood this year to avoid congestion at the entrance to the wood. The senior start is 100m west of last year's start at "Five Ways" to ensure that the race is 5 miles.

